

MARCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

National Nutrition Month



**Dr. David Livingstone
200th Birth Anniversary**

David Livingstone was a Scottish doctor, explorer and missionary who opened up the mysterious continent of Africa to the world. Before he arrived in Africa in 1841, nearly nothing was known about its geography, plants, animals, or natives but his extensive travels over 30 years and his many books and teachings introduced its wonders.

During one of his many expeditions to the interior, he completely lost touch with the outside world for six years. Fellow explorer Henry Stanley searched for him for nearly eight months before finding him on the shores of Lake Tanganyika. When Livingstone came out of a hut to meet him, Stanley greeted him with the now famous line, "Dr. Livingstone, I presume?" Livingstone was born on March 19, 1813.

**Alternate Lunches available:
Ham, Turkey, Tuna, Cheese Hoagie or Sandwich,
Baked Chicken Nuggets and a Large Chef Salad.**

**Please let us know what Alternate Lunch
your Child would like when you place his/her order.**

Checks payable to Duke Catering

4

National Grammar Day

- a) Hot Dog
OR
- b) Rib-A-Que Sandwich
Pretzels
Vanilla Pudding

5

- a) Chicken Nuggets
OR
- b) Sloppy Joe
Carrots w/FF Dip
Pineapple Chunks

6

- a) Pasta with
Tomato Sauce
OR
- b) Cheese Melt
Salad
Grapes

7

- a) Taco Salad
OR
- b) Chicken Caesar Wrap
Nachos with Salsa
Churro

8

- a) Individual Pizza
OR
- b) Egg Salad Sandwich
Salad
Baked Cookie

National School Breakfast Week

11

- a) Macaroni & Cheese
OR
- b) Popcorn Chicken
Salad
Cookie

12

Plant a Flower Day



- a) Meatball Sandwich
OR
- b) Chicken Patty Sandwich
Chips
Orange Slices

13

- a) Hot Ham and
Cheese Wrap
OR
- b) Bagel - Bacon, Egg
and Cheese
Yogurt
Applesauce

14



- a) Waffle Sticks & Bacon
OR
- b) Cheese Quesadilla
Goldfish
Fresh Fruit

15

- a) Pizza Slice
OR
- b) Fish Sticks
Salad
Chocolate Pudding

18

- a) Ravioli w/Tomato Sauce
OR
- b) Cheese Melt
Salad
Vanilla Pudding

19



- a) Cheese Steak
OR
- b) Mozzarella Sticks
Cucumber Slices
Mixed Fruit

20

- a) Corn Dog
OR
- b) Spicy Chicken Patty
Pretzels
Fresh Fruit

21

- a) Chicken Tenders
OR
- b) Hot Turkey Sandwich
Celery Sticks w/FF Dip
Rice Pudding

22

- a) Pizza Sticks
OR
- b) Tuna Sandwich
Salad
Oreo

25

- a) Chicken Stir Fry
OR
- b) Cheeseburger
Carrot Sticks w/FF Dip
Cookie

26

National Spinach Day



- a) Mini Pancakes
with Sausage
OR
- b) Hot Dog & Chips
Applesauce

27

- a) Chicken Nuggets
OR
- b) Pepperoni and
Cheese Melt
Corn
Oranges

28

**No School
Unless Snow Day
is Used**

29

**Good Friday
No School**

Menu
subject
to change

Duke Catering School Lunch Program

LUNCH TICKET

Pricing:

Kindergarten through Grade 8th \$3.25 per day Large Portion \$4.00

Drink \$.50 extra - 2% White Milk, LowFat Chocolate Milk, Ice Tea, Lemonade and Water

NAME: _____ **Grade:** _____

Week 1:	Monday	Tuesday	Wednesday	Thursday	Friday
3/4/13	A or B	A or B	A or B	A or B	A or B
	C	C	C	C	C

Choice: _____

Drink _____
John Paul II

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NAME: _____ **Grade:** _____

Week 2:	Monday	Tuesday	Wednesday	Thursday	Friday
3/11/13	A or B	A or B	A or B	A or B	A or B
	C	C	C	C	C

Choice: _____

Drink _____
John Paul II

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NAME: _____ **Grade:** _____

Week 3:	Monday	Tuesday	Wednesday	Thursday	Friday
3/18/13	A or B	A or B	A or B	A or B	A or B
	C	C	C	C	C

Choice: _____

Drink _____
John Paul II

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NAME: _____ **Grade:** _____

Week 4:	Monday	Tuesday	Wednesday	Thursday	Friday
3/25/13	A or B	A or B	A or B	No School	No School
	C	C	C		

Choice: _____

Drink _____
John Paul II



AUTHORIZATION AGREEMENT FOR PAYMENT

John Paul II Regional School

If you would like to enjoy the convenience of automatic bill payment to your credit card account, simply complete and sign the form below. Your charge will appear on your monthly statement.

Visa _____ Master Card _____ Discover _____

Name printed on Credit Card _____

Childs Name _____ Grade _____

Street Address _____

City _____ State _____ Zip Code _____

Phone #: _____

Email Address: _____

Please select the appropriate automatic billing option that applies:

If this specific bill is be charged to your credit card, check here and fill in the transaction amount:

Bill this invoice of \$_____ to my credit card.



If your bill varies each month, check here:

- Bill all monthly charges to my credit card. Since my payment amount varies each month, I will receive written notification of the amount and date of the next charge prior to each schedule transaction date. Automatic payment amount not to exceed \$_____.

Please tell us how long you want us to automatically bill your credit card.

- This authorization is valid for the duration of the school year.
- This authorization is valid until I provide you with written cancellation.

You may cancel this automatic billing authorization at any time by contacting us in writing at Duke Catering, 17 Valley Forge Court, Marlton NJ 08053 or by e-mail dukecatering@comcast.net

I hereby authorize Duke Catering to charge my credit card account number _____ Exp. Date _____ as designated above.

Signature _____ Date _____